



Living a Holy Life

Think about how you can live each of the following virtues in your own life? Write down a couple of ideas for each virtue. Idea: Choose 1 virtue that you would like to improve upon this week.

Virtues	How Can I Live This Virtue in My Life?
Faith (CCC 1814-1816)- <i>Our belief in God and all He has revealed to us.</i>	
Hope (CCC 1817-1821)- <i>We trust in Christ's promises and rely on the grace of the Holy Spirit instead of our own strength.</i>	
Charity (CCC 1822-1829)- <i>We love others as Christ loves us. We act and speak kindly to others and give of ourselves to others.</i>	
Prudence (CCC 1806)- <i>We make wise decisions by carefully thinking through things and acting in ways that are right, good, and pleasing to God.</i>	
Temperance (CCC 1809)- <i>We try to find balance and moderation in the things that we want.</i>	
Fortitude (CCC 1809)- <i>We have the strength to resist temptation.</i>	



Living a Holy Life

Think about how you can live each of the following virtues in your own life? Write down a couple of ideas for each virtue. Idea: Choose 1 virtue that you would like to improve upon this week.

Justice (CCC 1807)- <i>We respect others and treat others fairly.</i>	
--	--