



How Does the Eucharist Nourish Us?

Symbols of the Eucharist

Draw symbols like the bread, wine, chalice, paten, etc. Look up in the Catechism of the Catholic Church paragraphs: 1333 and 1412

Scripture

Read Matthew 26:26. What does it say about the Last Supper. What connections can you make to the Eucharist?



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In this sacrament, God helps us...

The Eucharist is an action of Thanksgiving because...

Amen!

The body and blood of Christ!



Talk with someone about the meaning of transubstantiation.

In your own words describe