



Video Reflection

After watching the videos in this lesson, reflect on what you feel are the Fruits of the Holy Spirit that help you to make appropriate choices.

What are the spiritual Fruits of the Holy Spirit concerning...	Your reflections...
Being modest?	
Being chaste?	
Having self-control?	
How would you respond if someone tempted you to do something that was not modest, chaste, or having self-control?	



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