

The Eucharist



In addition to the sacrament of Reconciliation, Jesus gives us the sacrament of the Eucharist. This lesson explores the Scripture passages that relate to the Eucharist. Catechists should review the Scripture passages listed in the outcome. Specifically, review the passage from Exodus, choose one of the passages from either Matthew, Mark or Luke, and review all the passages from John 6. Children should be given plenty of time to discuss and reflect on these passages in order to help them understand the origin of the sacrament and the revelation of His real presence in the Eucharist. Children should be reminded that we can do nothing without Jesus, and Jesus Himself gave this sacrament to us so that we can stay close to Him.

Becoming Disciples at Home:

1

PARENTS

Help your child understand how the bread and wine become the Body and Blood of Christ (CCC 1376, 1413)

2

CHILD

Pay attention at Mass to the parts of the liturgy where the Eucharist is consecrated

3

FAMILY

Talk with your child about how the Eucharist is truly Christ present



The Eucharist

We learn the Eucharist is the Body, Blood, Soul and Divinity of Christ



The Institution

We learn the Eucharist was instituted at the Last Supper



Activities

We learn how the Eucharist is Consecrated