

The True Presence of Jesus in the Eucharist



In addition to the sacrament of Reconciliation, Jesus gives us the sacrament of the Eucharist. This lesson explores the Scripture passages that relate to the Eucharist. Catechists should review the Scripture passages listed in the outcome. Specifically, review the passage from Exodus, choose one of the passages from either Matthew, Mark or Luke, and review all the passages from John 6. Children should be given plenty of time to discuss and reflect on these passages in order to help them understand the origin of the sacrament and the revelation of His real presence in the Eucharist. Children should be reminded that we can do nothing without Jesus, and Jesus Himself gave this sacrament to us so that we can stay close to Him.

Lesson Themes in Class



Articles of the Mass

We learn about the special articles of the Mass



Communion

We learn how to receive Communion



Activities

We learn the Eucharistic prayers

Becoming Disciples at Home:

1

PARENTS

Help your child understand there are multiple names for the Eucharist (CCC 1328-1332)

2

CHILD

Practice praying the words before Communion: Lord I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

3

FAMILY

Practice how to receive Communion with your child (on their hands or on their tongue)