



Lectio Divina With Matthew 22:36-40

With help, practice Lectio Divina with the passage from Matthew.

Lectio Divina

Lectio

Read

Read the passage several times, be attentive to detail

1st reading- listen for a word or phrase that stands out to you

2nd reading- think about the word; reflect and connect

3rd reading- action, resolution, prayer

Meditatio

Meditate

Think about the passage as guided by the Holy Spirit

Oratio

Pray

Speak with God through your prayer

Contemplatio

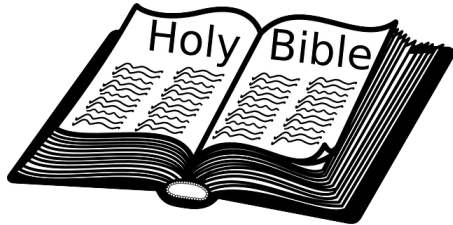
Contemplate

Quietly, listen to God; a quiet expression of love



Lectio Divina With Matthew 22:36-40

With help, practice Lectio Divina with the passage from Matthew.



Matthew 22:36-40

“Teacher,” he asked, “which is the greatest commandments in the Law?”

Jesus answered, “‘Love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the greatest commandment. The second most important commandment is like it: ‘Love your neighbor as you love yourself.’ The whole Law of Moses and the teachings of the prophets depend on these two commandments.”

What word or phrase stands out to you? Why?
