

Guidelines for Using Social Media

Reflect on the importance of following principles of human dignity when using video games, movies, and other media

Review in more detail with your parents at

<https://www.usccb.org/committees/catholic-campaign-human-development/family-guide-using-media>

Review these Guiding Points for social media usage. How can you make sure you respect human dignity?	Your reflections... What are examples of social media that are respectful or disrespectful regarding each point?
Does this respect life?	
Does this respect human beings and the family?	
Does it apply Gospel values?	
How would you respond if someone tempted you to watch something that was not respectful of human dignity?	