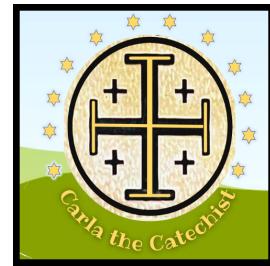


## Living a Holy Life



### Lesson Themes in Class



#### Virtues

We learned about the Cardinal and Theological Virtues



#### The Bible

We learned how reading the Bible leads us to Holiness



#### The Rosary

We learned how praying the Rosary gives us grace to live virtuously

## Key Theme:

These outcomes build upon the previous lesson to define what a virtue is and to explore the theological and cardinal virtues and the effect non-virtuous living has on the community. Children should be invited to discuss real-life situations and the effect that virtuous and non-virtuous behavior has on their friends and family.

In addition, children should be reminded that God gives them the grace and strength to live a virtuous life.

## Becoming Disciples at Home:

**1**

### PARENTS

Help your child understand the meaning of the virtues (CCC 1805-1809, 1812-1829)

**2**

### CHILD

Each night, consider your actions. How did you live virtuously each day, or how could you do better?

**3**

### FAMILY

As a family, pray a Rosary together