

Living a Holy Life



hope connection love affection faith
optimism friendship identity
imagination respect loyalty
creativity foresight
entrepreneurship teamwork
courage responsibility truth-seeking
daring wisdom temperance
steadfastness honesty justice fairness

Key Theme:

These outcomes build upon the previous lesson to define what a virtue is and to explore the theological and cardinal virtues and the effect non-virtuous living has on the community. Children should be invited to discuss real-life situations and the effect that virtuous and non-virtuous behavior has on their friends and family. In addition, children should be reminded that God gives them the grace and strength to live a virtuous life.

Becoming Disciples at Home:

1

PARENTS

Help your child understand the meaning of the virtues (CCC 1805-1809, 1812-1829)

2

CHILD

Each night, consider your actions. How did you live virtuously each day, or how could you do better?

3

FAMILY

As a family, pray a Rosary together

Lesson Themes in Class



Virtues

We learned about the Cardinal and Theological Virtues



The Bible

We learned how reading the Bible leads us to Holiness



The Rosary

We learned how praying the Rosary gives us grace to live virtuously