

## Finding Jesus at Mass



### Lesson Themes in Class



#### Mass

We learned Mass is one place we can personally encounter God



#### Parts of the Mass

We reviewed the parts of the Mass



#### Prayers

We reviewed formal Catholic prayers from the Mass

## Key Theme:

These outcomes continue to build on the previous lesson. The Mass is explored in the context of nourishing a life of discipleship with Jesus. Children should not only understand the parts of the Mass, but also be led to explore the relevance for their lives. The children should be taught how to enter into the Mass and how the Eucharist keeps them connected to Christ. In addition, children should be taught to approach Mass with expectation knowing that God wants to give them something in each liturgy (a word for their lives, grace for a difficult situation, etc.) In this context, weekly Mass attendance can be approached as not wanting to miss what God wants to give us.

## Becoming Disciples at Home:

**1**

### PARENTS

Help your child understand that the Sacraments are personal encounters with Christ (John 14: 16-18)

**2**

### CHILD

Follow along at Mass and pay special attention the various parts of the Mass

**3**

### FAMILY

Choose a prayer from the Mass and pray it as a family  
Example: Gloria, Confiteor, Gloria or Sanctus