

Liturgy and the Gestures at Mass



Lesson Themes in Class



Liturgical Year

We learned about the parts of the Liturgical year



Body Posture

We learned that there are specific body postures at Mass for priests and lay people



Cultures

We learned about different Catholic cultural customs



Key Theme:

This lesson builds upon the previous lesson, helping children understand the liturgical seasons, colors, objects, and vestments will help them to experience the liturgy more fully. In addition, children should see the prayers of the liturgy and the gestures and postures at Mass as an external sign of what is in their hearts. This lesson also gives the children the opportunity to learn more about some cultural customs

Becoming Disciples at Home:

1

PARENTS

Introduce your child to different Catholic Cultural Customs associated with the Saints

2

CHILD

Follow along at Mass and pay special attention the gestures of the Mass

3

FAMILY

Identify the Holy Days of Obligation and mark them on your calendar