



### The Nicene Creed Hand Activity

Supplies needed:

- 2 colors of paper
- pencil
- glue stick
- a piece of yarn, string, or ribbon
- scissors
- marker
- hole punch

1. Start by having your child trace his or her hand on the paper and cut it out with scissors. Assist where necessary.
2. Have your child use a glue stick to glue the thumb and middle finger together, then fold the ring finger and pinkie down so only the pointer finger is pointing up as a number "1".
3. Cut out fingernail shapes for your child out of a separate color of paper and have him or her glue them onto the fingertips. You can help with the placement. Again, nothing has to be perfect.
4. Write out the beginning of the Nicene creed for your child "We believe in one God, the Father the Almighty, maker of heaven and earth. Of all that is seen and unseen". I wrote ours out lightly with a pencil and had my 4-year-old trace over it with her marker.
5. Punch a hole in the bottom of the hand, and the top of the prayer. Your preschooler can lace the yarn or string through the holes, and you can tie them together.
6. Practice drawing the number 1 on the hand, and/or write out the word "One".
7. The hope of this craft is to teach your preschooler to recognize the number 1, be able to draw a number 1, and know that we believe in only one God. This seems very basic, but when I first told my 4-year-old yesterday that we believe in one God, her reply was "No, Mommy. There are *lots* of Gods in *all* the churches!". Glad I decided to start with the basics...

<https://www.catholicicing.com/nicene-creed-craft-one-god/>