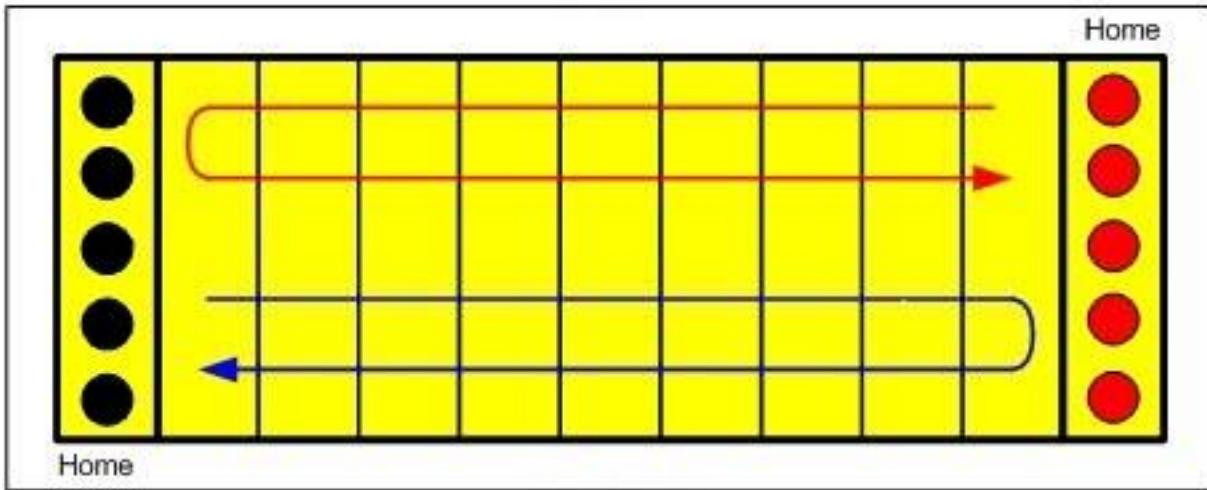


# Act of Contrition Board Game

Act of Contrition board game is based on the game Puluc. The players move their pieces up and down the road attempting to capture their opponent's pieces. The form of capture is unique because the captured piece is not immediately removed but instead is placed under the capturing piece and is then moved with the capturing piece to its home position where it then removed from the board.



## Needed:

Dice  
5 red and 5 black checkerboard game pieces  
Question cards  
Game Board

**Set Up:** This game can be played individually or in teams. Shuffle the deck and place it face down in a small basket near the game board. Put an empty basket nearby for the discards. Players put their 5 playing pieces at Home (picture shown above).

**Rules:** The board is a track made up of 9 spaces as shown above. Each player has five pieces, usually small stones or sticks using any shape or color to distinguish between players. The players sit opposite each other across the road and the home position for each team is to their left.

The first players of both teams throw the dice to decide who starts the game. The player with the highest throw starts.

The opponents make their moves by turns. To make a possible move you must answer a question (the other player draws a card and reads you the question). If you are correct you then you roll the dice. If you do not answer the question correctly, your turn is over. The players take turns to throw the dice and move one piece along the road from space to space according to the throw count. The players enter their pieces at opposite ends of the road from the home position and move in opposite directions (shown by the arrows in the picture above).

A player may either move a piece or enter another piece onto the road. A player must not move a piece onto a space occupied by one of his own pieces.

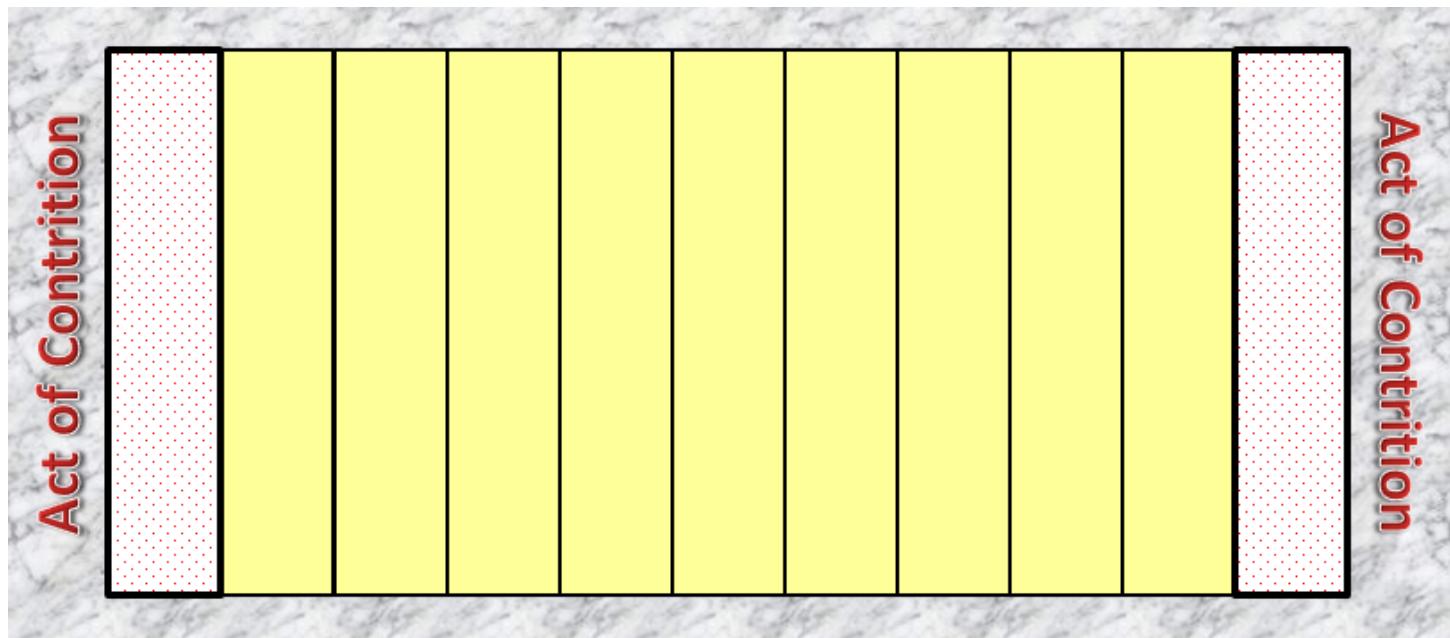
When the piece has reached the other end of the road it is moved back to its home position again. When the piece reaches its home position it is available at a subsequent turn to be moved on another lap down the road. It is not necessary to throw an exact number to enter the home position.

**Capture:** If a playing piece lands on a space occupied by that of an opponent, the opponent's piece is captured. The capturing piece is placed on top of the captured piece to form a stack (if you capture an opponent's piece, their playing piece is placed under yours). On his next turn the capturing player starts to move the stack of pieces back along the road towards his home position the number of spaces indicated by the throw count. When the capturing player reaches the home position the captured piece is removed from the board.

If a playing piece lands on a stack consisting of a capturing piece and a captured piece, the stack is itself captured and now reverses back the road towards the home position of the capturing piece with the capturing piece on top. When this stack reaches the home position the pieces belonging to the capturing player are "liberated" and may be re-entered onto the track in later turns.

There may be any number of captures and re-captures. A stack may be captured by another stack.

The game ends when the winner has captured all their adversary's pieces.



Print out Directions and put inside file folder for safe keeping.

Print out Game Board, assemble, trim, and glue on poster board. Laminate or cover with clear contact paper to make it last.

Print out Game Cards. Laminate or cover with clear contact paper to make them last.

# **Act of Contrition**

# Act of Contrition

My \_\_\_\_\_, (God)

I am \_\_\_\_\_ for my sins with  
all my heart.  
(sorry)

I am sorry for my \_\_\_\_\_  
with all my heart.  
(sins)

I am sorry for my sins  
with all my \_\_\_\_\_.  
(heart)

In \_\_\_\_\_ to do wrong  
(choosing)

In choosing to do \_\_\_\_\_  
(wrong)

and failing to do \_\_\_\_\_,  
(good)

and \_\_\_\_\_ to do good,  
(failing)

I have \_\_\_\_\_ against you  
(sinned)

I have sinned against \_\_\_\_\_  
(you)

\_\_\_\_\_ I should love  
above all things.  
(whom)

whom I should \_\_\_\_\_  
above all things.  
(love)

whom I should  
love above all \_\_\_\_\_.  
(things)

I firmly \_\_\_\_\_, with your help,  
(intend)

I firmly intend, with your \_\_\_\_\_,  
(help)

to do \_\_\_\_\_,  
(penance)

to \_\_\_\_\_ no more,  
(sin)

and to \_\_\_\_\_ whatever  
leads me to sin.  
(avoid)

and to avoid whatever  
\_\_\_\_\_ me to sin.  
(leads)

and to avoid whatever  
leads me to \_\_\_\_\_.  
(sin)

<p>Our _____ Jesus Christ (Savior)</p>	<p>_____ and died for us. (suffered)</p>
<p>suffered and _____ for us. (died)</p>	<p>In his _____, my God, have mercy. (name)</p>
<p>In his name, my _____, have mercy. (God)</p>	<p>In his name, my God, have _____. (mercy)</p>
<p>The Act of Contrition is usually associated with what Sacrament? (The Sacrament of Confession)</p>	<p><b>True or False:</b> Catholics should pray the Act of Contrition every day as part of their normal prayer in life. (True)</p>
<p>What is the firm purpose of sinning no more? (The sincere resolve not only to avoid sin but to avoid as far as possible the near occasions of sin.)</p>	<p><b>Fill in the Blank:</b> Interior sorrow must come from our _____. (heart)</p>

**Fill in the Blank:** God will never forgive sins unless we have \_\_\_\_\_ for them.  
(sorrow)

**Fill in the Blank:** Real sorrow means that we have a firm \_\_\_\_\_ not to sin again.  
(resolve)

**Fill in the Blank:** If we are truly sorry, we are determined to \_\_\_\_\_ near occasions of sin.  
(avoid)

**True or False:** The Act of Contrition comes at the beginning of the Sacrament of Reconciliation and before the receiving of forgiveness.  
(False)

When is our contrition perfect?  
(When we are sorry for our sins because sin offends God, whom we love above all things for His own sake.)

When is our contrition imperfect? (When we are sorry for our sins because they are hateful in themselves or because we fear God's punishment.)

**Fill in the Blank:** The act of contrition is a prayer of sorrow where you beg God to forgive your sins and restore you to a state \_\_\_\_\_.  
(grace)

Contrition or contriteness is from the Latin contritus which means what? ('ground to pieces, i.e. crushed by guilt is sincere and complete remorse i.e. regret with a sense of guilt for sins one has committed.)

**True or False:** An Act of Contrition is only acceptable for forgiveness of sins if it is a perfect act of Contrition and the sins are confessed to a priest as soon as possible.  
(True)

**Fill in the Blank:** The Act of Contrition is said at the end of a confession to validate that one is truly sorry for his or her \_\_\_\_\_.  
(sins)

<p><b>True or False:</b> Catholics will want to confess sins and say the Act of Contrition as part of their Confession as soon as possible because a Catholic who dies in the state of grave or mortal sin will suffer eternal damnation in hell. (True)</p>	<p><b>Fill in the Blank:</b> An Act of Contrition and Confession is not valid unless you firmly resolve to _____ no more and to avoid the opportunities of sin. (sin)</p>
<p><b>Fill in the Blank:</b> An Act of Contrition and Confession is not valid unless you firmly resolve to sin no more and to _____ the opportunities of sin. (avoid)</p>	<p><b>True or False:</b> We must have a firm purpose of amendment to sin no more. Otherwise, a confession and an Act of Contrition are not valid and a Catholic is not forgiven of his sins. (True)</p>
<p>Catholics pray the Act Of Contrition in front of a priest to obtain _____. (absolution)</p>	<p><b>Fill in the Blanks:</b> The Act Of Contrition is the penitent or confessor's opportunity to recognize that they have not followed God's _____ and needs to acknowledge consciously our state of sin or separation from God. (Ten Commandments)</p>
<p><b>True or False:</b> Praying the Act of Contrition also enables you to acknowledge your part of wrong doing or your mistake or short sightedness even in a group event. (True)</p>	<p><b>True or False:</b> Praying the Act Of Contrition stops you from blaming anybody and helps you move forward along your spiritual path. (True)</p>
<p><b>True or False:</b> You can pray the Act of Contrition at home and have your sins forgiven. (False)</p>	<p><b>True or False:</b> There are several different Acts of Contrition that you may do during confession. (True)</p>