

First Grade: Lesson 10

God is a Trinity

Lesson Objective:

After children encounter Christ and learn how to nurture their relationship with Him, they are prepared to learn about some of the doctrines of the Church. This lesson explores the Holy Trinity, with a particular focus on the Father.

Learning Outcomes: Students will ...

- Identify the three persons of the Holy Trinity as the Father, Son and Holy Spirit (CCC 261).
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- Recite traditional prayers independently, Our Father.

Materials Needed:

- Prayer space items, Bible, pencils, crayons,
- Copies needed: St. Patrick Coloring Sheet, Matching game, Trinity art project

As Students Enter Class:

- While waiting for everyone to arrive, consider having a St. Patrick Coloring Sheet available.
- Link to coloring sheet: [St. Patrick Coloring Sheet](#)
- You may want to provide double sided copies, with the following information on the back. This is also on the last page of this lesson to make it easier to copy.

Saint Patrick was born in England, but when he was a teenager, he was captured by Irish pirates who took him to Ireland as a slave. After six years, Saint Patrick escaped and returned to England and his family.

When Saint Patrick became a priest, he traveled back to Ireland as a missionary so that he could teach the people about God. He used examples to explain the mysteries of the faith in simple ways. One day, Saint Patrick compared the Trinity to a shamrock. He said that the shamrock has three leaves, but it is only one plant. In the same way, God is three persons—Father, Son, and Holy Spirit—but one God.

God used Saint Patrick's kidnapping to convert the Irish people. In our lives, God uses the bad times to bring about a good we do not always see. We must be patient and trust Him.

Beginning of Class:

- Gather around your prayer space and model the Sign of the Cross and pray the Our Father together. Remember, if your students do not have this prayer memorized, you can echo pray it.

Lesson Order	Implementation Ideas
Lesson 11 Video	<p>This video is 6:40 in length. Background pictures accompany as Carla narrates.</p> <p>Highlights: Last week we talked about prayer. Did you find time for silence and prayer? Remember, it is okay to sit in silence just to be with Jesus. It is also okay to ask God a question, such as: What do you want me to do today?</p> <p>It is also okay to pray our traditional Catholic prayers, such as the Our Father, Hail Mary, and Glory Be.</p> <p>When we think of God, we need to remember He is one God, in three persons. This can be hard to understand.</p> <p>St. Patrick went to Ireland and used the Shamrock, a plant with three leaves, to teach people about the Trinity. The Trinity has:</p> <ul style="list-style-type: none"> • God the Father • God the Son • God the Holy Spirit <p>All three are joined together in love. Just as the shamrock is one leaf with three unique parts, so is God one, yet three.</p> <p>Do you remember how to pray the Sign of the Cross?</p> <p>HAVE A STUDENT DEMONSTRATE THE SIGN OF THE CROSS FOR THE CLASS AND THEN HAVE THE WHOLE CLASS DO IT TOGETHER.</p> <p>The Sign of the Cross also reminds us of the Trinity. God the Father is the creator of all things.</p> <p>Let's read Genesis 1-2:4 and hear the story of creation. As Carla reads from the Bible,</p>

	<p>pictures accompany and will help students to engage and understand.</p>
Hail Mary Prayer Video	<p>This video is 1:46 in length. It is narrated by children. Words and pictures accompany the prayer. It is also repeated twice. Ask students to join in the second time.</p> <p>If you wish, you can show this video twice and have students recite the prayer when watching the second time.</p>
The Our Father Video	<p>This video is 2:44 in length. Narrated and sung by children, it tells a brief story of how the Our Father prayer was initially taught by Jesus. The prayer is sung, with words and pictures on the screen.</p>
The Glory Be Video	<p>This video is 1:32 in length. It is narrated by children. Words and pictures accompany the prayer. It is also repeated twice.</p> <p>If you wish, you can show this video twice and have students recite the prayer when watching the second time.</p>
The Trinity Song	<p>This video is 2:07 in length. It is an upbeat song that is sung by children. It is very engaging. Invite students to stand up and move, while staying in their space.</p>
Praise the Lord	<p>This Christine in Action Video is .53 in length. It focuses on the Holy Trinity, while singing with hand movements. The words also appear on the screen.</p>
Matching Game	<p>This cute activity can be done all together. You match the line to one of the traditional Catholic Prayers.</p>
Trinity Art Project	<p>There are a few choices; however, this plan focuses on the Shamrock, since it was discussed in the first video.</p>



You need to print one page. If you have access to a color printer, you will want to use that. The three images of the Trinity are in color.

Trinity Art Project, Another Option

This is a coloring page of a shamrock, with the trinity.

Closing Activity and Prayer

Ask students a few review questions:

Consider tossing a bean bag or small object to keep this fun and moving along.

- 1) Who are the three people in the Holy Trinity?
- 2) Who can name a traditional Catholic prayer?
- 3) Who can name another traditional Catholic prayer.
- 4) Who knows why we say prayers?

Closing Prayer: Have a student pick a prayer for all of you to say together.

YOU CAN USE THIS TO COPY ON THE BACK OF THE ST. PATRICK COLORING SHEET:

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