

## First Grade: Lesson 5: How Do We Honor Mary?

### Lesson Objective:

This lesson builds on the previous lesson to continue to help children learn about how the Church honors Mary and how she cares and prays for each of us.

### Learning Outcomes: Students will ...

- Recite traditional prayers independently; today's focus is the Hail Mary.
- Identify the rosary as a public or private prayer.

### Materials Needed:

- Prayer space, crayons, pencils, scissors, glue, copies of the three activities for Lesson 5, at least one (or more) rosaries so students can look and touch, pictures of our Blessed Mother, or a statue of you have one for a visual reference.

### As Students Enter Class:

- Have the pictures of Mary, or statue, available for students to look at. Ask them to share their thoughts about our Mother and any facts they know about Mary. Either you or your aide can record students' comments on the board and refer to them during class.

### Beginning of Class:

- Gather around the prayer table and recite The Hail Mary. If students need to echo you, then pray it a second time by doing an echo prayer.

| Lesson Order                    | Implementation  |
|---------------------------------|---|
| Lesson 5 Video                  | <p>(.50) Explains why we honor Mary and celebrate her life events.</p> <p>Highlights: Mary is Jesus’s mother and our spiritual mother in Heaven. Mary loves us very much. We can pray to Mary to grow closer to her. Mary can take our prayer requests to her son, Jesus.</p>   |
| Memorare Prayer Video           | <p>This Christine in Action video is 1.25 and introduces the Memorare Prayer.</p>   |
| Hail Mary Prayer and Meditation | <p>This prayer and meditation video is 2:01. You can choose to meditate for a shorter amount of time, depending on the attention span of your class.</p> <p>Remind students that meditation is quiet time and we try our best to clear our minds so we can focus on Jesus. It takes practice for us to learn how to do this.</p>  |
| Video for Today’s Activities    | <p>You do not need to show this video since you will explain how to do the activities as you introduce them in class.</p>   |
| Hail Mary Activity Page         | <p>Explain how to complete the activity. Read the Hail Mary out loud and stop at the blank line, then read all the choices for filling in the prayer) and model how to cut and glue it to complete the prayer.</p>  |
| Movement Break                  | <p>Using the Hail Mary prayer from the above activity, consider asking students to stand up and say the words that they cut and paste, while you say the other words of the prayer. They can walk around the table to stand in a circle.</p> <p>Example: Students will say “Hail” and then you read the rest of the words and stop after the word the, and wait for students to say “Lord”.</p> |
| Queen of Heaven Project         | <p>First, have students pick a crown to color, then cut and glue on the page with Mary. Then provide them time to color Mary. Remind them that we often see Mary in blue. If you have pictures or a statue of Mary, make it visible for students to use as a reference.</p>   |

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| How to Say the Rosary | This activity can be copied and stapled ahead of time so it can be sent home to share with families. Introduce the rosary by holding one up and explaining the main parts of a rosary.  |
| Rosary Video Support  | This video is 3:06 and can be started and stopped as needed.  |
| Closing Activity      | Ask some review questions based on today's Learning Outcomes. This is a good time to use an engagement strategy to encourage students to participate and share their thoughts/answers. You can also ask them to tell you one idea from today's class that they enjoyed learning or will remember. |
| Closing Prayer        | The Hail Mary 😊   |