

First Grade: Lesson 9

Prayer Leads me to Jesus: Part 2

Lesson Objective:

This lesson builds on the previous lesson to teach the children how to pray with the Bible and how to pray spontaneously from the heart. Catechists are encouraged to remind the children that Jesus is real, alive and hears their prayers. They can talk to Him like talking to their best friend.

Learning Outcomes: Students Will ...

- Tell how Bible stories help us to see God at work in our lives.
- Listen to God in meditation (CCC 2705 -2708).
- Demonstrate spontaneous prayer.

Materials Needed:

- Prayer space items, Bible, pencils, crayons, scissors
- Copies Needed: Prayer journal page (one out of four choices), Our Father mini booklet, prayer card page

As Students Enter Class:

- Have blank paper ready for students with the following written on the board: Jesus hears your prayers. Write or draw a prayer to Jesus.

Beginning of Class:

- Invite students to your prayer space and pray the Our Father together.
- Offer time for students to share the prayer they wrote to Jesus as they entered the room.

Lesson 9 Order	Implementation Ideas
Lesson 9 Video	<p>This video is 2:20 in length.</p> <p>Highlights: In our last lesson, we learned that prayer is a great way to grow closer to God. Jesus is alive and listens to our prayers. We can talk with Jesus just like we talk to a friend.</p> <p>Reading the Bible is another way to pray. Bible stories help us to see God at work in our lives.</p> <p>Sometimes we use our traditional Catholic prayers when we pray:</p> <ul style="list-style-type: none"> • Our Father • Hail Mary • Glory Be <p>Sometimes it's best to talk to God spontaneously from the heart. Carla gives an example of a spontaneous prayer.</p> <p>A great question to ask is: Lord, what do you want me to do?</p> <p>Go to Jesus in prayer and sit in the light. Or, you can close your eyes and be still in silence. Life any friendship, we need to talk and to listen. Jesus will speak to you in a small voice and he will nudge you into making good decisions. He will help you find answers when you need them.</p> <p>Praying at least 5 minutes every day is important. Writing down what you hear in your prayer journal can help you to remember what Jesus says to you during your quiet time spent in prayer.</p>
The Our Father Prayer and Guided Meditation	This video is 2:00. It is animated and fits perfectly with today's learning objectives.
Prayers in Song	This Christine in Action video is 1:03 in length. It recites traditional Catholic prayers while playing music in the background. Graphics also accompany.

The Our Father (7 Petitions)

This Christine in Action video is 1:23 in length. It focuses on the Our Father and the 7 petitions that are in this prayer.



Intro into the Activities

This video is 1:59 in length.

Highlights: Choose a prayer journal page and help students complete it. They can take it home to pray throughout the week.

The Our Father Mini Book – Have a sample ready for students to reference as they assemble and color this prayer mini book.

Lastly, if you didn't have students write a prayer at the beginning of class, you can do so now on the paper provided in the lesson.

Closing Prayer

Invite students to your prayer space and have students share the prayers they wrote.

Some suggestions for prayer cards based on Psalms. Consider making a sample of each to share with students (as Carla demonstrated in the video).

Psalm 51:10

Create in me a clean heart, O God, and put a new and right spirit within me.

Psalm 121:1-2

I lift up my eyes to the hills from where does my help come? My help comes from the Lord, who made heaven and earth.

Psalm 46:1

God is our refuge and strength, a very present help in trouble.

Psalm 37:4

Delight yourself in the Lord, and he give you the desires of your heart.