

## Kindergarten: Lesson 1: Jesus Loves Me

### Lesson Objective:

This lesson increases children's awareness of the personal love of God and His care and providence over their lives. In this lesson, it is important to create an environment where the children can encounter Christ directly. Meditation on Sacred Scripture will provide an opportunity for Jesus to speak into their hearts.

### Learning Outcomes: Students will...

1. **Recognize that God knows and loves him/her personally.** (Ps. 139, Isa. 43:1-4, Jer. 1:5)
2. **Encounter the Lord Jesus Christ through experiential activities, such as guided meditations using Sacred Scripture and adoration of the Blessed Sacrament.** (Ps. 32:8, John 6:35, John 14:26, Heb. 4:12)
3. **Recognize that Jesus wants to be in a relationship with him/her.** (John 15:9 and 16 and 1 John 4:19)

### Materials Needed:

- Crayons, pencils, hole punch, prayer space set up box, Bible, copies of opening activity of your choice.

### As Students Enter Class:

- See list of opening class ideas such as prayer cards, coloring sheet, or simple Question of the Day.

### Beginning of Class:

1. Welcome all students and play an introduction game. (See attachment for ideas).
2. Have a prayer space set up ahead of time, or have students help you set up a prayer space.
3. Open class with a prayer, such as the Our Father or Hail Mary before starting the curriculum video.

Lesson Order	Implementation
Follow the order for each section in LANE Kids	Watch Lesson 1 video (11:41). You can play it for the class (and stop and start as needed for questions and answers) or watch it ahead of time for suggestions on what to say.
Lesson 1 Video:	

	<p><b>Highlights:</b> Bring in a plant, a pot of dirt and some seeds. While planting the seeds in the dirt, ask children if the seeds will grow by themselves or if they will need help? Connect what seeds need to grow to our faith in God. We need to grow in God. What do we need to grow in God and our faith?</p> <ul style="list-style-type: none"> <li>• Prayer</li> <li>• Bible</li> <li>• Church/Mass</li> <li>• Quiet time with God</li> </ul> <p>Waffle connection: The Bible is like a waffle with sticky syrup. When you read the Bible and spend time learning (like we are now) God’s work will stick to you, just like syrup.</p>
<p>Guided Meditation – Psalm 23</p> <p>Movement &amp; Learning: Ball or small item toss. (See strategy ideas page in this binder)</p>	<p>You can listen to the Psalm on the LANE Kids’ video or read it to your students, using the attached interactive version with movements. <i>This is a bit long for kindergarten students, so you may want to take a stretch break or bathroom break before starting this activity.</i></p> <p>Follow up questions: What was your favorite part of the Psalm? What words or movements stood out to you? How much does God love you?</p>
<p>Adoration</p>	<p>Watch the introduction to Adoration (1:46) and then the video: How to go to Adoration (4:30)</p> <p>Play the Virtual Adoration video for 1-2 minutes; explain that Jesus is present in the Monstrance and provide quiet time for students. Encourage them to kneel if possible or sit quietly on the floor.</p>
<p>Song</p>	<p>Play the song, Oh God, You Search Me (YouTube)</p>

Activity	Jesus Loves Me Door Hanger (Refer to the sample picture)
Closing Questions relate to learning objective:  (Engagement Strategy: consider passing out a sticker to each child as they answer a question)	How does Jesus show he loves you? How do you show Jesus you love him?  Song: Sing Jesus Loves Me (from memory or if you need to, please look on YouTube).  End with a prayer at the prayer space.

Additional Options: \*Note these picture books will be appropriate for several of our lessons.

Books:

Before I was Me by Frank Fraser (read aloud on YouTube)

<https://www.youtube.com/watch?v=BAyNCj4zdrI>

(9:23 minutes but you can skip through the banter and the video starts at 2:54).

If Jesus Walked Beside Me by Jill Roman Lord (read aloud on YouTube)

<https://www.youtube.com/watch?v=9DsQ2QOafeY>

(8:01 minutes but you can skip through the banter and the video starts at 1:55).

## Interactive Psalm 139 with Movements

Lord, you have examined me and know me.

You know everything I do.

- (Place your hands out in front of you and extend your arms out when you say “everything)

From far away you understand all of my thoughts.

You see me whether I’m working or resting.

You know all my actions!

- (Jump up and down. Ask, “Can God see me jumping?” Dance, and ask, “Can God see me dancing?” Invite students to jump and dance with you).

Even before I speak, you already know what I will say.

You are all around me on every side!

- (Invite students to turn around with you and say “God is around us on every side”).

You protect me with Your power.

Your knowledge of me is too deep. It is beyond my understanding.

Where could I go to escape you?

Where could I get away from Your presence?

- (Ask one child or the aide in your room to hide under a table or behind something. Ask the kids, “Is God still with him/her? Can you hide from God? Will He always know where you are?”)

If I went up to Heaven, you would be there.

If I laid down in the world of the dead, you would be there.

If I flew away beyond the east, or lived in the farthest place in the west, You would be there to lead me. You would be there to help me.

- (Invite students to join you in flapping arms like you are flying; move about the room while doing this).

I could ask the darkness to hide me

- (Turn lights off)

Or the light around me to turn into night

- (Turn lights back on)

But even darkness is not dark for you and the night is as bright as day.

Darkness and light are the same to you.

You created every part of me.

- (Stand up and invite students to join you as you wiggle and move parts of your body).

You put me together in my mother's womb.

I praise You because You are to be feared.

- (Explain we are not afraid of God but that we deeply respect Him)

All You do is strange and wonderful. I know it with all my heart.

- (Place hands on heart).

When my bones were being formed, carefully put together in my mother's womb, when I was growing there in secret, You knew that I was there.

You saw me before I was born!

The days allotted to me had all been recorded in your book before any of them ever began!

Oh God, how difficult I find Your thoughts, how many of them there are!

If I counted them, they would be more than all the grains of sand!

When I wake, I am still with You!

- (Stretch and begin to wake up)

Examine me, oh God, and know my mind.

- (Tap your head)

Test me and discover my thoughts. Find out if there is any evil in me and guide me in the everlasting way.