

## Kindergarten: Lesson 3: Growing in Friendship with Jesus, Part 1

### Lesson Objective:

After encountering the living Christ, this lesson helps children strengthen their relationship with Jesus through prayer. Children are encouraged to speak to Jesus in their own words about the things that are most important to them. Traditional prayers of the Church are taught in subsequent lessons.

Learning Outcomes: Students will ...

- 1. Define prayer as talking to and listening to God**
- 2. Listen to God in meditation (CCC 2705 -2708)**
- 3. Demonstrate spontaneous prayer**

### Materials Needed:

- Blank paper, pencils, crayons, Prayer table set up box, Bible, copies for opening activity if you are doing one, paper plate for each student, scissors, stapler, or ring and hole punch depending on how you want to assemble prayer starters, copies of prayer starters and mealtime prayer.

### As Students Enter Class:

- They can help set up prayer space
- They can draw a picture showing what prayer looks like or a picture of how he or she prays. Or, they can color a picture of the rosary or Holy Family, which can be used for a prayer table at home.

### Beginning of Class:

- Using the prayer space, begin each class with a prayer. It can be a rote prayer, such as the Our Father or Hail Mary, or a prayer that you create (spontaneous prayer).

Lesson Order	Implementation Ideas
Video for Lesson 3	Play introduction video for the class (3:36) or watch it ahead of time and implement the ideas covered in the video.

	<p><b>Highlights:</b> Connect prayer space at religious education to a prayer space at home.</p> <ul style="list-style-type: none"> <li>• Find a quiet place to pray.</li> <li>• Some people like to close their eyes.</li> </ul> <p>5 Types of Prayer (introduce concept only but not expected to master concept)</p> <ul style="list-style-type: none"> <li>• Blessings and Adoration</li> <li>• Petition</li> <li>• Intercession</li> <li>• Thanksgiving</li> <li>• Praise</li> </ul>
<p>Video: Guided Meditation</p> <p>Try an Engagement Idea here.</p>	<p>Show this video (2:53). The goal here is for students to listen to quiet music, the calm narrator's voice, and the words being said and experience an introduction to the prayer form of meditation</p> <p>Follow up discussion: What did you like in this video? What does God want for us? Encourage students to sit quietly and think about God for an amount of time that you feel is appropriate (can even be 1 minute).</p> <p>What came to your mind after our quiet time? If students are shy, please share what came to your mind.</p>
<p>Video: Creating a Prayer Space</p> <p>(You don't have to watch the entire video in order for students to get the gist of the content)</p>	<p>Watch the video (10:30) Ms. Savannah from the video encourages discussions throughout so you can start and stop as needed.</p> <p>Highlights of this video include how to make a prayer space at home, what objects we can use and why, and how we can make our own objects too.</p>
<p>Movement Break</p>	<p>Stretch break or bathroom break if you haven't already done so.</p>
<p>Pray Song Video</p>	<p>Watch this video (1:45) and have students do the movements with the young girl who is singing.</p>
<p>Intro to Today's Activities</p>	<p>You can play the video for students or just for yourself so you understand what the project is. (It's a short video)</p>

<p>Prayer Starter Activity/Craft</p>	<p>A couple of suggestions:</p> <ol style="list-style-type: none"> <li>1) You can cut out the prayer starters ahead of time and have students pick 3 or 4 prayer starters.</li> <li>2) You and the aide will read the prayer starters for each student and staple them. Have students lightly color them if you would like.</li> <li>3) OR, you can have them hole punched ahead of time and then put a ring on the ones students picked.</li> <li>4) OR choose the specific prayer starters you want (perhaps the same for all students and then follow the above ideas).</li> </ol>
<p>Mealtime Prayer Activity</p>	<p>Students cut and glue on a paper plate. Recite the prayer at least two times with students and explain why it is important to thank God for the food that nourishes us. Tie this into the 5 types of prayers (thanksgiving).</p>
<p>Prayer Art Response</p>	<p>Students draw a picture of their prayer to God. Time permitting ask for volunteers to share and explain their pictures.</p>
<p>Closing</p> <p>Consider engagement strategy if students need encouragement to share or participate.</p>	<p>Ask questions that refer to today's learning objectives.</p> <ul style="list-style-type: none"> <li>• What is prayer? Listening and talking to God</li> <li>• What is meditation? Spending quiet time with the Lord.</li> <li>• What is one idea you remember from today's class?</li> </ul>

	<p>End with a class prayer around the prayer space. Demonstrate a spontaneous prayer by thanking God for a specific thing that happened in today's class.</p>
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