

## Kindergarten: Lesson 5: The Saints are My Friends Who Lead Me to Jesus

### Lesson Objective:

Saints are great models of discipleship and prayer. This lesson inspires children to live a life of holiness that mirrors the lives of the saints. Catechists are encouraged to remind the children that saints were ordinary children just like them who made a decision to live their lives for Jesus.

Learning Outcomes: Students will...

- 1. identify a saint as a holy person**
- 2. listen to simple stories of the saints' lives**
- 3. list some good things that saints do in their lives**

Materials Needed:

- Prayer space box, Saint coloring sheets, crayons, pencils,

As Students Enter Class:

- Have them choose a Saint coloring sheet to color.

Beginning of Class:

- Invite students to stand around the prayer space and choose a traditional prayer to pray.
- Consider breaking the prayer down to small phrases and students can repeat after you.

Lesson Order	Implementation Ideas
Lesson 5 Video	<p>This is a good video to share with students. It links the concept that prayer connects us with God and with others. Saints are ordinary people who devoted their lives to doing God’s work.</p> <p><b>Highlights:</b> We can ask saints to help us by talking to God on our behalf. Patron saints are intercessors for us. St. Joseph is the Patron Saint of fathers and workers because he was a wonderful father to Jesus and a hard worker.</p>
Why do we Pray to Saints Video	<p>This video is (1:51) and the content is harder for kindergarten children to understand.</p> <p><b>Highlights:</b> We worship only God. When we pray to saints, we are asking them to intercede to God on behalf of us. We do not worship saints. We ask them to help us. We can develop friendships with saints as we grow and learn.</p>
Prayer to St. Michael the Archangel	<p>Age appropriate video (2:37) moves slowly through the prayer and pictures help illustrate the meaning of the words.</p>
St. Michael Prayer in Song	<p>(:56 seconds) This is a nice singing rendition of the prayer.</p>
St. Therese Song	<p>(1:27) Sung by Christine in Action (we have seen her in previous videos) and she does a nice job introducing this saint. After watching the video together, consider having a discussion and highlight some of her saintly character traits.</p> <p>To help students understand her character traits you may want to ask questions such as: Was St. Therese mean to others? Was she kind? How was she kind? Did St. Therese love God? How did she show this love?</p>
Sing to St. Padre Pio	<p>Show students a picture of St. Padre Pio and share this information: Hi, I’m Saint Padre Pio! God blessed my life with many miracles. When I was a young boy, I could see guardian angels. Then, one day while I was hearing confessions, another miracle happened. The wounds of Jesus appeared on my hands and feet. Through my life, I brought many people closer to God. I would tell them, “Pray, hope, and don’t worry!”</p>

	<p>If you don't have access to a picture, you can google an image of him and show the class.</p> <p>Then watch the Christine in Action video (.52) Consider having students stand up and do movements and sing: Pray, hope and don't worry 3-5 times. Have students color the Padre Pio coloring sheet. They can trace the words, Pray, hope, and don't worry.</p>
Lesson 5 Activities	<p>Pattern book: Saints, Saints, Who Do You See? Have copies cut and stapled ahead of time and students can read this pattern book with you.</p> <p>The other activity has a link to a website that has feast days of saints based on the month. You may want to look up the closest feast day for today's date.</p> <p>Celebrate the Saints Dance: A simple rhyme and a fun movement break.</p>
Closing:	<p>What are some good things that saints do? Activity: (Consider having a sticky note or note card that has one or two good things that Padre Pio and St. Therese have done. Read the card and ask students which saint it belongs to? You can have the saints' names written on the board and then a student can tape the card or sticky note under that saint.)</p> <p>Gather around the prayer space and pray a traditional prayer, encouraging students to say the words with you. Ask students if they have a prayer intention and explain what that is. Give an example of a prayer intention that you have.</p>