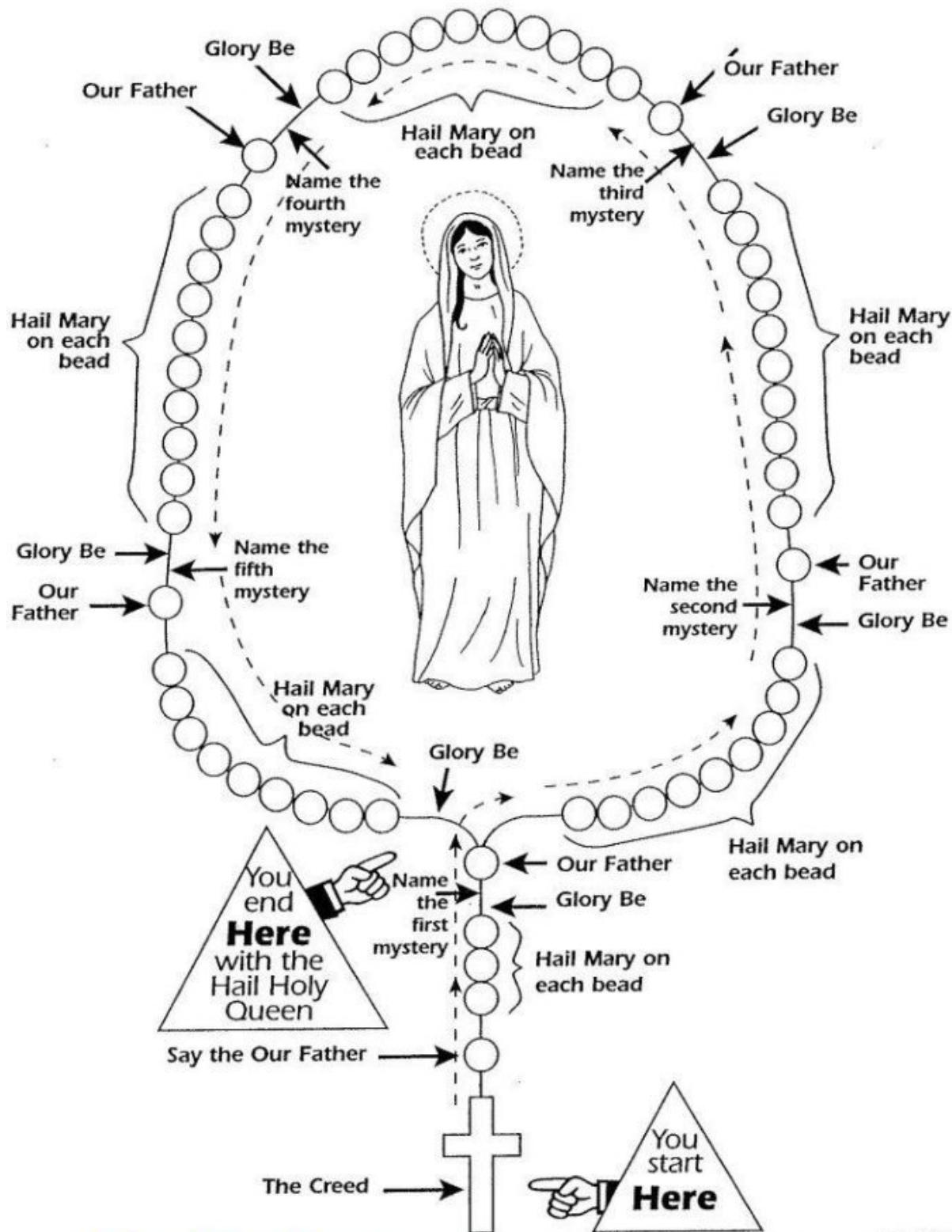


How to Say the Rosary



1. Preparation

Start by making the sign of the Cross:

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Then recite the Apostle's Creed:

I believe in God, the Father Almighty,

Creator of Heaven and earth; and in Jesus Christ,

His only Son Our Lord, Who was conceived by the Holy Spirit,

born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into Hell; the third day He rose again from the dead;

He ascended into Heaven, and sitteth at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Then say 1 Our Father, 3 Hail Marys (for the virtues of Faith, Hope and Charity) and then 1 Glory Be:

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation,

but deliver us from evil. Amen.

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of death. Amen.

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.

Amen.

2. The Rosary Proper

The Rosary is essentially the decades and their associated mysteries, and only these must be prayed to “pray the rosary”, either in satisfaction of Our Lady’s requests, or, to gain the indulgences attached to praying the rosary.

Sunday – “Glorious Mysteries”

Monday – “Joyful Mysteries”

Tuesday – “Sorrowful Mysteries”

Wednesday – “Glorious Mysteries”

Thursday – “Luminous Mysteries”

Friday – “Sorrowful Mysteries”

Saturday – “Joyful Mysteries”

While meditating on the Mysteries, recite:

One Our Father (large beads), 10 Hail Marys (small beads) and 1 Glory Be (before the next large bead) to make a complete decade of the rosary.

After each decade the Fátima Prayer may also be said (Pope Pius XII).

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

3. Concluding Prayers

After the completion of five mysteries (5 decades), or 15 or 20, the following is customarily said:

Hail Holy Queen (or Salve Regina may be sung)

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

(Verse) Pray for us, O Holy Mother of God.

(Response) That we may be made worthy of the promises of Christ.

Rosary Prayer

(Verse) Let us pray,

(Response) O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation. Grant, we beseech Thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, that we may both imitate what they contain and obtain what they promise, through Christ our Lord. Amen.

Most Sacred Heart of Jesus, have mercy on us.

Immaculate Heart of Mary, pray for us.

Read more: [How to Pray the Rosary - About The Rosary - Everything about the Rosary](https://www.aboutherosary.com/how-to-pray-the-rosary/#ixzz6S0HjkcdX) <https://www.aboutherosary.com/how-to-pray-the-rosary/#ixzz6S0HjkcdX>