

God and the Sacred Liturgy

CCC 1066-1209



Grow Themes in
Class

1**Triduum**

The Triduum is one day in the life of the Church, even though it is 3 days in time: Holy Thursday, Good Friday, and Holy Saturday, when we celebrate the Easter Vigil Mass

2**Reconciliation**

Reconciliation is how we confess our sins, are reconciled with God, and do penance

3**Liturgy**

The Mass is our highest form of prayer, where we personally encounter Christ

Grow Theme:

Understand the Sacred Liturgy as the source of life in the Church as it produces the fruits in the life of the faithful in its celebration, including the diverse liturgical traditions and unity of faith traditions within the celebration.

Key points to reflect upon:

- Celebrate each liturgical season with the meaning behind the season.
- Discuss the signs, symbols and events of the Easter Triduum.
- Describe the role of liturgical music at Mass.
- Understand the importance of regular participation in the sacrament of Reconciliation (CCC 1440-1442, 1447, 1458).
- Understand the way in which Christ can be personally encountered in the liturgy (CCC 1084-1090). (Or does