

## Prayer

CCC 2558-2865



### Grow Theme:

Pray and understand how to pray in various forms, in recognition of prayer as God's gift and to appreciate the universal call to prayer, as Jesus teaches us how to pray and Jesus hears our prayer, and as a study of ways to pray, the traditions of prayer, living a life of prayer, and praying the Lord's Prayer.

### Key points to reflect upon:

- Know and recite common prayers of the Catholic Church.
- Identify the Psalms as a collection of hymns or poetry collected over several centuries and used as the public prayer of the Church (CCC 2685-2586, 2597).
- Identify the categories of Psalms (CCC 2588) and recognize a Psalm for its category.
- Demonstrate the use of different types and styles of prayer (e.g. journaling, drawing, song, praying with icons).
- Experience various forms of music as prayer (e.g. Praise and Worship, chant, Taize prayer, Handel's Messiah).
- Discuss the role of persistence in prayer to overcome difficulties (CCC 2742).
- Practice lectio divina with the Sacred Scriptures.

Grow Themes in Class

1

#### Common Prayers

Recite and learn the common prayers of the Church: The Our Father, Glory Be, etc.

2

#### The Psalms

We recognize the Psalms as prayers of the heart in all its many forms including praise, thanksgiving, and lament

3

#### Lectio Divina

Pray with Sacred Scripture with Lectio Divina: Read, Meditate, Pray, Contemplate