



## Lectio Divina With Matthew 22:36-40

With help, practice Lectio Divina with the passage from Matthew.

### Lectio Divina

#### Lectio

#### Read

Read the passage several times,  
be attentive to detail

*1<sup>st</sup> reading- listen for a word or phrase that stands out to you*

*2<sup>nd</sup> reading- think about the word; reflect and connect*

*3<sup>rd</sup> reading- action, resolution, prayer*

#### Meditatio

#### Meditate

Think about the passage as guided by the Holy Spirit

#### Oratio

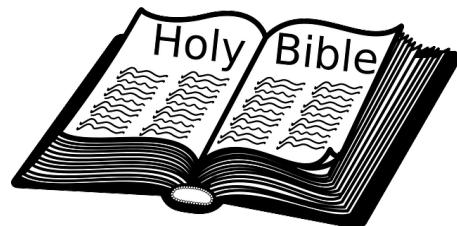
#### Pray

Speak with God through your prayer

#### Contemplatio

#### Contemplate

Quietly, listen to God; a quiet expression of love



### The Beatitudes: Luke 6:20-23 and Matthew 5:1-12

### The 2 Great Commands: Matthew 22:36-40

*“Teacher,” he asked, “which is the greatest commandments in the Law?”*

*Jesus answered, “Love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the greatest commandment. The second most important commandment is like it: ‘Love your neighbor as you love yourself.’ The whole Law of Moses and the teachings of the prophets depend on these two commandments.”*

*What word or phrase stands out to you? Why?*

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