



Lectio Divina With Matthew 22:36-40

With help, practice Lectio Divina with the passage from Matthew.

Lectio Divina

Lectio

Read

Read the passage several times,
be attentive to detail

*1st reading- listen for a word or phrase that
stands out to you*

*2nd reading- think about the word; reflect and
connect*

3rd reading- action, resolution, prayer

Meditatio

Meditate

Think about the passage as
guided by the Holy Spirit

Oratio

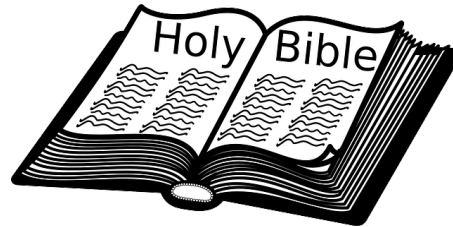
Pray

Speak with God through your
prayer

Contemplatio

Contemplate

Quietly, listen to God; a quiet
expression of love



The Beatitudes: Luke 6:20-23 and Matthew 5:1-12

The 2 Great Commands: Matthew 22:36-40

*“Teacher,” he asked, “which is the
greatest commandments in the Law?”*

*Jesus answered, “Love the Lord your
God with all your heart, with all your
soul, and with all your mind.’ This is
the greatest commandment. The
second most important
commandment is like it: ‘Love your
neighbor as you love yourself.’ The
whole Law of Moses and the
teachings of the prophets depend on
these two commandments.”*

*What word or phrase stands out to
you? Why?*
