

Second Grade: Lesson 9

How Does God Want me to Live as a Baptized Christian?

Your Call to Holiness

Lesson Objective:

This lesson helps the children to understand that the baptized are called to live a holy life. The desire to be good should be animated by a friendship with Christ instead of fear of punishment. God gives us the Ten Commandments and the Two Great Commandments as guidelines for a virtuous life. Catechists should remind the children that living according to God's commandments makes us feel good.

Learning Outcomes: Students will ...

- Understand that we obey God because He loves us and we love Him (CCC 1709).
- Identify the Ten Commandments as the laws God gave to Moses for all people (Exodus 20:1-17).
- Explain the Two Great Commandments: Love God and love your neighbor as yourself (Matt 22:36-40).
- Explore and retell simple stories of the lives of the saints, with particular focus on saints who have a strong devotion to the Eucharist and Reconciliation.

Materials Needed:

- Prayer space items, Bible, pencils, crayons, magazines, catalogs, or other items that have pictures for the collage, large poster paper to make a classroom collage
- Copies Needed: 10 Commandment Matching Game, Saint Information Cards (if you choose), Coloring sheet for beginning of class

As Students Enter Class:

- Consider having a 10 Commandments coloring sheet available for students to keep busy as they wait for everyone to arrive.

Ten Commandments Coloring Pages



• This example is from bestcoloringpagesforkids.com

Beginning of Class:

- Gather students around your prayer space and open class with The Our Father.

Lesson 9 Video

This video is 4:25 in length.

Highlights: In our last session, we learned about the Sacraments of Baptism, Reconciliation, and Holy Communion. Sacraments give us grace to live a good and holy life. But, sometimes, it is hard to know what is good and right. Luckily, God gave us the 10 Commandments, which are special laws that were given to Moses, in the Old Testament.

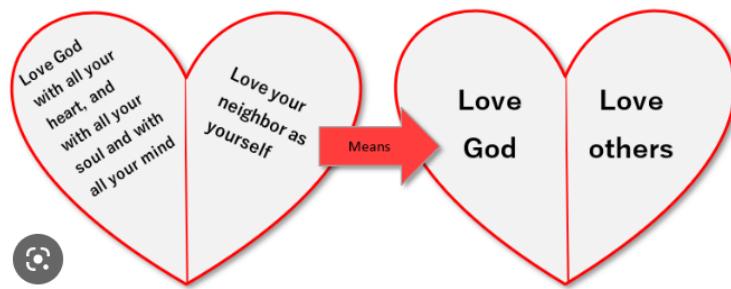
We obey God's laws because He loves us and we love Him. Unfortunately, we can do things that hurt our relationship with Jesus. Sin separates us from God. Remember, that sin is saying NO to God's laws in 4 different ways:

- Thought
- Word
- Deed
- Omission

The 10 Commandments are rules we live by. We want to memorize these commandments so we will have them in our hearts and minds.

In the New Testament, Jesus gave us two more commandments, known as the Greatest Commandments.

If you think really hard about it, following these two commandments, really help us follow the 10 commandments.



	<p>Read from Matthew: 22:34-40: Page 1503 in the Bible from St. Mary's Press, where Jesus gave us the two Greatest Commandments.</p> <p>Romans 6:23 tells us "For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus, our Lord.</p> <p>Following the commandments will help us grow in holiness and to become saints.</p>
The 10 Commandments Song	<p>This Christine in Action video is 1:13 in length.</p> <p>It presents the 10 Commandments in an engaging way with some fun graphics.</p>
The 10 Commandments Explained	<p>This video is 5:32 in length. It is animated and narrated at a good pace.</p> <p>Highlights: A sin is an action contrary to the love of God and love of neighbor. As a guide to help us with this, God gave us the 10 Commandments.</p> <p>The 10 Commandments can be divided into 2 groups:</p> <p>Numbers 1,2, and 3 refer to God. All the rest apply to our lives as members in a society.</p> <p>Please refer to the page at the end of this lesson plan that highlights the rest of this video in a table format.</p>
The 2 Greatest Commandments Explained	<p>This video is very nice and is 3:41 in length. Young students are speaking in their native language, stating the two greatest commandments. Plus, the children are sharing their thoughts as to why these are the two greatest.</p>
The Beatitudes Song	<p>This Christine in Action video is 1:38 in length. It has cute animations that accompany the video that will help engage students.</p>
The Beatitudes Explained	<p>This is a helpful handout to review with students and sent home.</p>
Partner Activity	

	<p>Activity Suggestion: After reading through the beatitudes and discussion, encourage students to pair up and pick a beatitude that spoke to them or that they particularly liked. They can share their thoughts together – perhaps draw a quick sketch – and then share with the class.</p>
<p>Golden Rule Song</p>	<p>Help students understand that the two greatest commandments are also known as the Golden Rule.</p> <p>This video is 1:22 in length and has a good beat. Invite students to stand up and dance or move around during this song.</p>
<p>What is Grace</p>	<p>This video is 2:59 in length and is from the same source as the video about the 10 Commandments.</p> <p>Highlights: Grace are gifts that God gives us for the sake of salvation. There are different types of grace; however, sanctifying grace is most important because of its transforming power in our soul. It makes us true children of God.</p> <p>Example: Grace is like spinach but for our soul. It makes us strong and helps our souls become a worthy place for God.</p> <p>Grace is like a light because it helps us to see and recognize God. Light is also a theme in Baptism, and is the first time we receive a sanctifying grace.</p> <p>Sanctifying grace can be increased or lost through sin; but it can be returned through the Sacrament of Reconciliation.</p> <p>Another type of grace is called actual or helping. This grace helps us live like a child of God and enlightens our understanding so we can avoid evil and do good.</p> <p>*Note: if you are running out of time for this lesson, I suggest you omit this video.*</p>
<p>10 Commandments Matching Game</p>	<p>Print one copy to send home for each student.</p> <p>Using one copy for class, complete this game all together. Hand out one commandment to each</p>

	<p>student or pair of students, depending on how many are in your class.</p> <p>Working together, discuss and assemble on the wall, board, or large sheet of paper.</p>
10 Commandments and Beatitudes Collage	<p>This is a fun activity that could start during this lesson and finish up the next class. Students could each make their own, OR make a large poster for your class and keep it posted.</p>
Discover a Saint Report	<p>This activity may be harder to complete in a class time, depending on the length of your class sessions. One way to facilitate this activity is to have some age-appropriate printouts that have saint information on them. See the end of this lesson plan for printables you could use.</p> <p>If you don't have time for a report, consider having these on hand for beginning of your next class, so students can read about saints.</p>
Closing Prayer	<p>Model a prayer of thanksgiving for the graces God blesses us with. Ask God to help us become saints, by giving us the grace to follow his commandments.</p>

10 Commandments	Catholic Meaning
I AM THE LORD THY GOD: THOU SHALT NOT HAVE STRANGE GODS BEFORE ME.	God must take first place in our lives. Money, beauty, popularity, success, should NOT become an idol. Meaning they are not more important than God.
THOU SHALL NOT TAKE THE NAME OF THE LORD THY GOD IN VAIN.	Treat the name of God and all holy things with respect and do not misuse them. Do not swear.
KEEP HOLY THE SABBATH DAY	Go to holy Mass on Sundays, allow yourselves time to rest on Sundays.
HONOR THY FATHER AND THY MOTHER.	Children and parents treat each other with love and respect.
THOU SHALL NOT KILL.	We cannot violate the right to life of an innocent person. We cannot hurt others intentionally.
THOU SHALL NOT COMMIT ADULTRY	Marriage vows are sacred.
THOU SHALL NOT STEAL	Respect rights and properties of others. Treat others fairly. No cheating in school.
THOU SHALL NOT BEAR FALSE WITNESS AGAINST THY NEIGHBOR	We tell the truth and we do not lie. We are committed to all things truthful.
THOU SHALL NOT COVET THY NEIGHBOR'S WIFE	We are not to lust after other people. Modesty is a term we should use because our bodies have value and we need to protect things of worth.
THOU SHALL NOT COVET THY NEIGHBOR'S GOODS	No envy or greed. We want to share higher and spiritual good. Don't focus on what others have and what we don't have. We are grateful for what we have been given.

SAINTS FUN FACTS

by mario d. macari

SAINT BENEDICT WAS A MERE TEENAGER WHEN HE LEFT THE SINFUL WORLD IN 497 TO LIVE LIFE FASTING AND PRAYING IN THE INACCESSIBLE DESERT MOUNTAINS. HE WAS THEREFORE QUITE SURPRISED ONE DAY TO SEE A PRIEST BEARING FOOD APPEAR IN THE REMOTE REGION. "IT'S EASTER DAY!," THE PRIEST SAID, "SHARE THIS FEAST WITH ME!"

AFTER PRAYING AND EATING TOGETHER, THE YOUNG SAINT WONDERED WHY THE PRIEST HAD FOUND HIM.

AS HE WAS ABOUT TO SIT DOWN TO HIS DINNER THAT DAY, THE PRIEST REPLIED, HE HAD HEARD A GENTLE VOICE SAY: "YOU ARE PREPARING FOR YOURSELF A BANQUET, WHILE MY SERVANT BENEDICT IS DISTRESSED WITH HUNGER." THE PRIEST IMMEDIATELY PACKED UP THE MEAL AND SET OUT LOOKING FOR BENEDICT!



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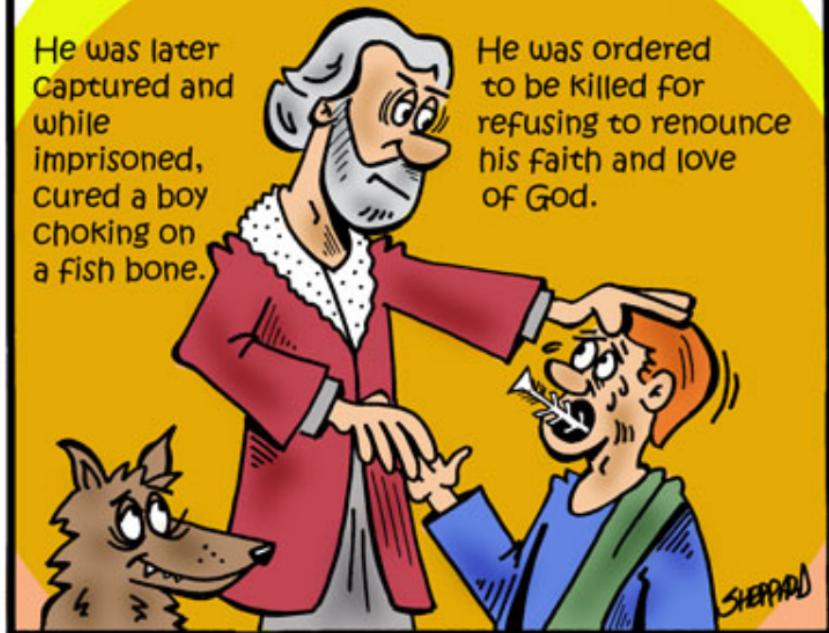
SAINTS FUN FACTS

by John Sheppard

Raised as a Christian in a rich family, he became a bishop. In a vision, God appeared to him and told him to flee. To avoid persecution, he lived in the hills with sick animals and cared for them.

He was later captured and while imprisoned, cured a boy choking on a fish bone.

He was ordered to be killed for refusing to renounce his faith and love of God.



St. Blaise

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SAINTS FUN FACTS

by John Sheppard

When he was 30 years old he began preaching on the banks of the Jordan river against the evils of the time. He attracted very large crowds.

He called men to penance and baptism for the "kingdom of Heaven" was close at hand.

*It is I
who should be
baptized by
You.*



John the Baptist

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SAINTS FUN FACTS

by John Sheppard

As a child, St. Catherine Siena had mystical experiences, seeing guardian angels of others. She was a Dominican and one of the most brilliant theological minds of her day. She continued to have visions of Christ, Mary and the Saints. She was given the Stigmata which became visible after her death. St. Catherine's letters are considered the most brilliant writings in the history of the Catholic Church.



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SAINTS FUN FACTS

by John Sheppard

St. Therese Lisieux was a young Carmelite nun who devoted her life to loving God. As a permanent novice, she would never be able to perform great deeds. She did however scatter flowers, each flower a little sacrifice and a little action for God and love.



After not feeling well for sometime, she became gravely ill.

She remained silent and cheerful until the end and passed away at the age of 24.

St. Therese is one of patron saints of the missions.

Ten Commandments Coloring Pages

