

Rosary Cheat Sheet

The Mysteries of the Rosary

The Joyful Mysteries

Prayed on Mondays, Saturdays, and Sundays during the seasons of Advent and Christmas

1. The Annunciation of the Lord to Mary
2. The Visitation of Mary to Elizabeth
3. The Nativity of our Lord Jesus Christ
4. The Presentation of our Lord in the Temple
5. Finding Jesus in the Temple at Age Twelve

The Sorrowful Mysteries

Prayed on Tuesdays, Fridays, and Sundays during the season of Lent

1. The Agony of Jesus in the Garden
2. The Scourging at the Pillar
3. Jesus is Crowned with Thorns
4. Jesus Carried the Cross
5. The Crucifixion of our Lord

The Luminous Mysteries

Prayed on Thursdays

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

The Glorious Mysteries

Prayed on Wednesdays and most Sundays

1. The Resurrection of Jesus Christ
2. The Ascension of Jesus into Heaven
3. The Descent of the Holy Spirit
4. The Assumption of Mary into Heaven
5. Mary is Crowned as Queen of Heaven and Earth

How to Lead the Rosary

- When the Rosary is prayed in a group, the leader will make the sign of the cross to begin, and the assembly will do the same.
- The leader will pray the Apostles' Creed alone through "he will come to judge the living and the dead." Then the assembly will pray the rest of the creed.
- For each Our Father, the leader will pray alone through "on earth as it is in heaven." Then the assembly will finish the prayer.
- For each Hail Mary, the leader will pray alone through "the fruit of thy womb, Jesus." Then the assembly will finish the prayer.
- For each Glory Be, the leader will pray alone through "Holy Spirit." Then the assembly will finish the prayer.
- The leader and the assembly will pray the Fatima Prayer together.
- The leader will announce each Mystery.
- The leader and the assembly will pray the Hail, Holy Queen together, followed by a dialogue between the leader and the assembly (see the other side of this sheet). Then they pray the Rosary Prayer together.
- Everyone makes the sign of the cross to conclude the Rosary.

Rosary Cheat Sheet

How to Pray the Rosary

1. **Make the Sign of the Cross.**

2. **Holding the Crucifix, pray the Apostles' Creed.**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

3. **On the first bead, pray the Our Father.**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

4. **On the next three beads, pray three Hail Marys for faith, hope, and charity.**

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

5. **Pray the Glory Be.**

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

6. **For each of the five decades, announce the Mystery, pause to meditate, and then pray the Our Father. (Turn this sheet over for the four sets of mysteries.)**

7. **While fingering each of the ten beads of the decade, pray ten Hail Marys while**

meditating on the Mystery. Then pray one Glory Be and the Fatima Prayer.

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy. Amen.

8. **After the five decades, pray the Hail, Holy Queen, followed by the Rosary Prayer.**

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning, and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Leader: Pray for us, O holy Mother of God.

Assembly: That we may be made worthy of the promises of Christ.

Leader: Let us pray.

O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

9. **Conclude with the Sign of the Cross.**

