

Sacrament	Minister	Scripture	Required State	Frequency	Effect	Form	Matter
Confession, Penance or Reconciliation CCC 1422-1498	The Priest (CCC 1461)	Jn 20:23; Mt 16:18-19; 18:15-18; James 5:14-15	In Mortal Sin; desiring the Grace of Confession; in need of spiritual guidance (CCC 1446)	Minimum of once a year; or as frequently as necessary (CCC 1457-1458)	Forgiveness of serious sin, reunification with the Church, cleansing of conscience, restores grace (CCC 1468-1470)	"God, the Father of mercies, through the death and resurrection of his Son has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins; through the ministry of the Church, may God give you pardon and peace, and I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit." (CCC 1449)	Sins; Contrition and confession; priestly words of absolution (CCC 1480)
Marriage CCC 1601-1666	The Spouses, with the Priest as witness (CCC 1623)	Gen 1:27-28; 2:18-25; Mt 19:3-12; Jn 2:1-11; Eph 5:25-32;	Each spouse must be a baptized man and woman with no impediment to marriage (CCC 1625)	Once and to one spouse as long as the spouse is living; again only if the spouse dies (CCC 2382)	The two become one flesh (Eph 5:31; perpetual and exclusive covenant partners (CCC 1638-1640)	The "I do", by which both spouses indicate their mutual consent to the marriage covenant (CCC 1626-1628)	Mutual Consent and Covenant to live together as husband and wife (CCC 1626); and the consummation of the Marriage (CCC 1640)
Holy Orders CCC 1536-1600	The Bishop (CCC 1576)	Acts 6:5-6; 13:3; 14:23; 20:28; Jn 20:21-23; 1 Tim 3:1; 4:14; 2 Tim 1:6; Titus 1:5; Phil 1:1	A Baptized man who has been called for ordination by God; in the Western rite, with the exception of permanent deacons, the ordained must be celibate (CCC 1577-1580)	Only once; separate ordination for Deacon, Priest, and Bishop (CCC 1582)	A special relationship to Christ to lead and serve the Church; indelible spiritual character imprinted on the soul (CCC 1581; 1594)	The Bishop's "specific consecratory prayer asking God for the outpouring of the Holy Spirit and his gifts proper to the ministry to which the candidate is being ordained" (CCC 1573)	Laying on of the Bishop's hands with the consecratory prayer (CCC 1538)
Anointing of the Sick, Extreme Unction, and Last Rites CCC 1499-1535	The Priest (CCC 1566)	Mk 6:13; Jn 20:23; Mt 16:18-19; 18:15-18; James 5:14-15	Seriously ill; at the point of death or before a serious operation or for the elderly whose frailty becomes more pronounced (CCC 1541f.)	Repeatable; at the point of grave illnesses or before a serious operation (CCC 1514f.)	Sins forgiven; grace to face trial; spiritual preparation to die; and if God's will, physical healing (CCC 1520-1523)	Prayer of the Priest over the sick person for the grace of the Holy Spirit and the forgiveness of sins (CCC 1513, 1519)	Anointing with Holy Oil and Imposition of Hands (CCC 1513, 1519)

The Seven Sacraments of the Church

Prepared by Steve Ray

Sacrament	Minister	Scripture	Required State	Frequency	Effect	Form	Matter
Baptism CCC 1213-1284	Ordinary: a Bishop, priest or deacon; Extraordinary: any person if necessary (CCC 1266)	Mt 28:19-20; Jn 3:5; 4:1-2; Acts 2:38; 22:16; Rom 6:3-4; Mk 16:16; Titus 3:5; Eph 5:26; 1 Peter 3:21	Unbaptized pagan, convert to the Christian Faith, newborn infant (CCC 1248-1255)	Only applied once (Eph 4:5; CCC 1272)	Removes Original and Actual sin (CCC 1263); causes New Birth ("born again") (CCC 1265); incorporates into Christ (CCC 1267); is the doorway into the Church (CCC 846, 1213)	"I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit." Mt 28:18-19; CCC 1240)	Water (Immersion, Infusion, or Sprinkling) (CCC 1278)
Confirmation CCC 1285-1321	Ordinary: the Bishop; Extraordinary: a Priest (CCC 1313, 1318)	Acts 8:14-17; 9:17-19; 19:6; Heb 6:1-6	Baptized but unconfirmed; needed Completion of Baptismal grace (CCC 1285); Baptized Christians from other traditions incorporated into the fullness of the Catholic Church	Only applied once (CCC 1304)	Sign of consecration (CCC 1284); spiritual seal (CCC 1293); completion of baptismal grace (CCC 1285); full outpouring of the Holy Spirit (CCC 1302-1303)	"Be sealed with the Gift of the Holy Spirit." (CCC 1300)	Holy Chrism (Blessed Oil) and the Laying on of hands by the Bishop or a delegated priest (CCC 1288, 1294, 1300)
Eucharist CCC 1322-1421	The Priest (CCC 1411)	Jn 6:1-71; Mt 26:26-28; Mk 14:22-25; Lk 22:7-20; 24:13-53; Acts 2:42-47; 20:7; 1 Cor 10:16-21	All Catholics are encouraged to participate (CCC 1417); Baptized believers in Communion with the Catholic Church (CCC 1396-1401) and devoid of Mortal Sin (CCC 1415)	Minimum of once a year, as frequently as daily (CCC 1389; 1417)	Intimate union with Christ (CCC 1391); Receiving Christ; nourish spiritual life; medicine of immortality, separating us from sin, removal of venial sin, spiritual strength, unites the Body into One (CCC 1391-1401)	"This My Body which will be given up for you. Do this in memory of Me ... Take this, all of you, and drink from it: this is the cup of my Blood, the Blood of the New and Everlasting Covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me." (CCC 1412; 1 Cor 11:24-25)	Bread and Wine (CCC 1333)

The Seven Sacraments



	Matter	Form	Minister	Effects
Baptism	Water (Immersion, Infusion or Sprinkling)	"I baptize you in the name of the Father, Son, and Holy Spirit"	Bishop, Priest or Deacon (In an emergency anyone can baptize)	Cleanses Original Sin, made and adopted son/daughter of God, entrance into the Church, receive the Holy Spirit, indelible mark on the soul
Reconciliation	Contrition for and Confession of Sins	"I absolve you of your sins in the name of the Father, Son, and Holy Spirit"	Bishop or Priest	Healing and forgiveness of sins, grace to avoid future sin, healing of relationship with Christ, reconciles relationship with the Church
Eucharist	Bread and Wine	"This is My Body" & "This is My Blood"	Bishop or Priest	Unity with Christ, unity with the Church in Heaven, Earth, and purgatory
Confirmation	Chrism/Blessed Oil & The Laying on of Hands	"Be sealed with the gift of the Holy Spirit"	Bishop (The bishop may also designate a priest to Confirm)	Increase in the Holy Spirit and His gifts, full initiation into the Church,
Holy Orders	Laying on of Hands	The prayer of ordination according or the particular order (deacon, priest, or bishop)	Bishop	Indelible mark on the soul, Able to act as a representative of Christ in a unique way, specific effects different for the three level – deacon, priest, bishop
Matrimony	Mutual Consent to Enter into Marriage & Consummation of the Marriage	Vows	The Couple	Indissoluble bond between the couples, grace for the unity of the family, special grace to help the other attain holiness
Anointing of the Sick	Blessed Oil & The Laying on of Hands	"Through this holy anointing, may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up."	Bishop or Priest	Forgiveness of Sins, strength for the suffering, indelible mark on the soul

