

Developing Your Prayer-Life



Lesson Themes in Class



Traditional Catholic Prayers

We review Traditional Catholic Prayers



Music

We learn prayers through songs



Activities

Prayer games and resources

Key Theme:

While the previous lesson focused on spontaneous prayer and praying with the Bible, this lesson aims to help children learn/review the traditional prayers of the Church. Catechists should help the children learn the meaning of these prayers so that when the children recite them, the words of the prayer become their own.

Becoming Disciples at Home:

1

PARENTS

Help your child understand what the words mean in the Traditional Catholic prayers of the Church

2

CHILD

Identify the best times to pray (morning, noon, before eating, before bed etc.) and create a routine

3

FAMILY

Pray Traditional Catholic prayers as a family