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Second Grade: Lesson 6: Developing Your Prayer Life

Lesson Objective:

While the previous lesson focused on spontaneous prayer and praying with the Bible, this lesson aims to help children learn/review the traditional prayers of the Church. Catechists should help the children learn the meaning of these prayers so that when the children recite them, the words of the prayer become their own.

Learning Outcomes: Students will ...

- Review traditional prayers learned in first grade (Sign of the Cross, Mealtime Prayers, Our Father, Hail Mary, Glory Be, Guardian Angel Prayer).
- Identify appropriate times for prayer (morning, before bed, mealtime, etc.).
- Understand the origin and meaning of the Our Father (CCC 2765-2766, Matt 6:7-21, Luke 11:1-4).

Materials Needed:

- Prayer Space items, Bible, Paper Plates, Brads, Markers, Pencils, Glue, Scissors, Construction Paper (optional)
- Copies Needed: I Can Pray When, Prayer Journal Page (this one is different than previous lessons), Prayers to Learn, and Prayer Matching Game, I Can Pray When craft

As Students Enter Class:

- Consider having some of your favorite Bible verses printed and glued on construction paper for students to look at and read.
- Ask students to share their thoughts about the verse they focused on.

Beginning of Class:

- Call students to the prayer space and model a spontaneous prayer. Remind students that we have traditional Catholic prayers and spontaneous prayers.

Lesson Order	Implementation Ideas
Lesson 2 Video	This video is 6:56 in length. Highlights: Last week we learned that we can strengthen our relationship with Jesus by spending

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	<p>more time in prayer and by reading Sacred Scripture (the Bible). Spontaneous Prayer is prayer that you can say anything that is on your mind and in your heart. Remember that it's best to pray in a quiet space. There is a sample of a prayer table in the video and Carla reviews the items on it.</p> <p>Sacramentals such as Holy Water, reminds us of our Baptism and that we are sons and daughters of God. Some prayer spaces can have Holy Water on them. The video also has samples of scripture written on a larger piece of paper. These can be used to meditate on. Prayer cards are also a nice object to have on your prayer table.</p> <p>Question and Answer: Think about a time in your day when you can have quiet time and pray. When is the best time for you to pray at home? When you wake up or when you go to bed? When you get home from school?</p> <p>Today we are going to talk more about the prayers of the Catholic Church. Knowing these traditional prayers by heart will help you throughout your life. At Mass, we say prayers that we have memorized all together, such as The Our Father. The Our Father is the prayer that Jesus gave to us as an example of how to pray. In Luke 11:1-4 Jesus gives us the Our Father.</p> <p>Either read Luke 11:1-4 or play the video.</p> <p>Take some time to dissect the Our Father with the class; asking them what they think it means. Examples: What does hallow be thy name mean? Other phrases that lend itself to age-appropriate discussion: Give us this day our daily bread. Forgive us our trespasses. As we forgive those who trespass against us.</p>	
Catholic Prayers	This is a Christine in Action Video and is 1.03min in length.	
Engagement Strategy:	Take some time to dissect the Our Father, Hail Mary, and Glory Be prayers with the class; asking them what they think it means. Examples: What does hallow be thy name mean? Other phrases that lend itself to	
Consider tossing a bean bag or other object to a		

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student and that student participates in the discussion. They can toss it back to you or to another student who would like to participate.	age-appropriate discussion: Give us this day our daily bread. Forgive us our trespasses. As we forgive those who trespass against us.	
Learn About the Our Father Prayer in Song	<p>This Christine in Action video is 1:23 in length. It sings the Our Father prayer and states the 7 petitions associated with this prayer:</p> <ul style="list-style-type: none"> • God's glory • Union with God • Perfect love • Needs of the soul and body • Forgiveness of Sin • Protection in temptation • Freedom from all harm <p>*Refer to the 7 Petitions Sheet at the end of this lesson plan for more information*</p>	
The Glory Be	This video is in 1:17 in length. In this video, children recite the prayer twice, with good visuals.	
The Hail Mary	This video is .42 in length and the Hail Mary is recited two times.	
Activities	<p>For in person classes, you will not need to play the reflection and intro into activities.</p> <p>Prayers Handout: Pass out one to each child and review the titles of the prayers. Encourage students to use this sheet at home to help them memorize the Our Father, Hail Mary, and Glory Be.</p> <p>Prayer Matching Game: Read through all three prayers one more time out loud, and then working together, complete this activity.</p> <p>I Can Pray When craft: This is a fun craft reminding students of the different times of the day they can pray.</p>	

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Closing Activity	Ask a student to pick one of the three traditional Catholic Prayers you focused on today and recite it all together.
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NOTE: This lesson has a lot of good activities and meaningful topics. If you do not finish it all, consider saving an activity to use in your next class.

Information about the 7 Petitions of the Our Father

1. Our Father, who art in heaven, hallowed be thy name **(We praise God and ask him to help us keep his name holy.)**
2. Thy kingdom come **(We pray that God's peace, justice, and love will reign on earth.)**
3. Thy will be done on earth, as it is in heaven **(We ask God to help us understand what he wants of us and to give us the strength to do it.)**
4. Give us this day our daily bread **(We ask God to give us and all people what we need to live.)**
5. Forgive us our trespasses as we forgive those who trespass against us **(We ask God to be merciful to us when we do wrong, and to help us be merciful to others.)**
6. Lead us not into temptation **(We ask God to help us stay away from things that harm our soul and damage our relationship with him)**
7. But deliver us from evil **(We ask God to help us avoid saying yes to invitations to do what is displeasing to him.)**

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