

## Grade 3: Lesson 5: Talking with Jesus at Eucharist Adoration

### Lesson Objective:

This lesson builds on the previous lesson by continuing to explore the life and teaching of Jesus through more Gospel stories. This lesson highlights the miracles of Jesus to help the children understand that Jesus has the power to heal then and now. Suggested Scripture passages include: Matthew 14:22-33, Mark 4:35-41, Mark 7:31-37, Luke 5:12-16, Luke 18:35-43. Catechists are invited to bring children to Adoration of the Blessed Sacrament or the tabernacle in church to pray and reflect on the Gospel stories in the presence of the Lord Jesus. In addition, children can be taught to praise Jesus for his goodness and mercy through music and song.

### Learning Outcomes: Students will ...

- Discuss and participate in Eucharistic devotions such as Adoration, Forty Hours Devotion, and Benediction.

### Materials Needed:

- Prayer space, pencils, crayons, blank paper, Bible
- Copies needed: Eucharistic Adoration Coloring Page, My Time with Jesus, Guided Adoration Pages (there are 5 pages available and you should select the ones you would like to do, Signs of Healing and Forgiveness in the Bible (select a Bible Passage that you would like to cover in class ahead of time.

### As Students Enter Class:

- Write the following question on the board? Today we are going to talk about spending time with Jesus in Adoration. What does this mean to you? Invite students to answer the question through drawing and writing.

### Beginning of Class:

- Ask a student to select a traditional prayer for the class to pray. Or, if you have this set up, you can have the titles of Traditional Prayers written on an index card and placed in a small bag or bowl. Ask a student to pick one and that is the prayer you say together. Invite students to add intentions to today's prayers.

Lesson Order	Implementation
Lesson 5 Intro	<p>This is .25 in length. Classroom catechists will not need to show this one.</p> <p>Suggestion: Today we are going to focus on two ways to talk with Jesus: Praise and Worship and Eucharistic Adoration. Invite students to share what they think this means by sharing/explaining their drawing.</p>
Praise and Worship	<p>This video is approximately 2.5 minutes in length. A teenage girl explains what praise and worship means.</p> <p>Highlights: Praise and worship goes beyond the realm of worship and song. It can be prayer through song. It can be done anywhere and anytime. It is a way to grow closer to God.</p>
Listen to a Praise and Worship Song	<p>This video is approximately 4 minutes. Beautiful images accompany You Raise Me Up.</p> <p>Suggestion: Dim the lights and then play this song. Encourage students to share their thoughts as to how listening to Christian Music can be a way to pray and worship God? If students do not demonstrate an understanding of this activity by their discussion responses, consider playing this song or another one that you have found. Tell students that we are going to practice praise and worship through song one more time.</p> <p>Lesson Extension: Play a common church worship song that you sing in your church and do a compare/contrast to You Raise Me Up.</p>
Movement Break	Before moving into Adoration, this is a good time to do a stretch break.
Intro to Adoration	This video is .20 in length. It explains that Eucharistic Adoration occurs when the Blessed Sacrament is present in a monstrance or tabernacle in Church. It is a great way to pray and reflect on Gospel stories.
Come to Me – Eucharistic Adoration	This is approximately 3:00 in length and is a must see. Children and young adults explain what

	Eucharistic Adoration is and how it positively impacts their lives.
Intro to the 40 Hours Devotion	<p>This video is 2:32 in length and is packed with details about the 40 Hours Devotion.</p> <p><b>Highlights:</b> This Catholic tradition is another way to celebrate and adore. It refers to the number of hours the faithful believe Jesus was absent from the world, from his time of death on Good Friday at 3:00 pm to His Resurrection on Easter morning at 7:00 am. We gather as a community to deepen our appreciation at the importance of the Eucharistic mystery in our lives. The 40 Hours Devotion typically begins with mass and the Blessed Sacrament is exposed. Over a period of a few days, the faithful can gather to pray and adore our Lord. This devotion ends with a procession of the Blessed Sacrament, with a chanting of the Litany of the Saints. A celebration of Mass ends the 40 Hours.</p>
Watch a 40 Hours Devotion Closing	This video is only .42 in length; it is dark and hard to see as it is recorded from an actual celebration in a church.
Intro to the Activities	Catechists will not have to show this video. It is .31 in length and explains what the lessons' activities are.
Eucharistic Adoration Coloring Page	Read the words on this page and then hand out a copy to each student so they can reflect on the words you read while they color the page. Tell them they can look at this page during Adoration or look at the screen.
Live Adoration Link	<p>Before you select the link, remind or review with students the blessings of Eucharistic Adoration. Select the link and allow students to have some quiet time in adoration. Choose a length of time you feel is appropriate.</p> <p>During this time, pass out the one or two sheets you have chosen for students to reflect upon during Adoration. Guide students through the page(s), stopping and starting the adoration link as needed.</p>
Story of Healing and Forgiveness	Read the Bible passage that you have selected and guide students through completing one section of the activity page.

**OPTION**	You may prefer to complete the Story of Healing and Forgiveness before moving to Live Adoration.
Closing Prayer	Invite students to end class by gathering around your prayer space and saying the Our Father