

Fifth Grade: Lesson 17
Grace, Modesty, and Vocation

Lesson Objective:

This lesson further explores moral living in the context of discipleship. Children are invited to reflect on the Ten Commandments as guidelines for daily behavior. If our passions are not tempered, then we can make poor decisions that are hurtful to ourselves and others. In addition, they are warned about the dangers of the occult. While some of these practices appear harmless, they are openings for evil to enter one's life.

Learning Outcomes: Students will ...

- Understand that we obey God because He loves us and we love Him (CCC 1709).
- Discuss the application of the Ten Commandments to daily life.
- Understand that the passions (feelings/emotions of love, hatred, desire, fear, joy, sadness, and anger) lead us to actions that can be good or evil (CCC 1762 - 1775, Mark 7:18-23).
- Demonstrate reverence for God, His creation, and all people.

Materials Needed:

- Prayer space items, Bibles, pencils, crayons
- Copies: Fruits of the Holy Spirit handout, Fruits of the Holy Spirit Reflection, Jeopardy Game, Prayer Journal page

As Students Enter Class:

- Consider having a Fruits of the Holy Spirit handout for students to review. The one attached can be colored. This will be used later in the lesson.
- [Fruits of the Holy Spirit](#)

Beginning of Class:

- Gather around your prayer space and pray a traditional Catholic prayer.

Lesson Order	Implementation Ideas
Lesson 17 Video	<p>This video is 1:10 in length.</p> <p>Highlights: In our last session, we discussed the importance of respecting the life and dignity of each person, because all people are created in the image of God. We know that each person is a part of the larger family of God, and you also have a family. The family has a very important role in our society. Families help us to know God better and live out our faith.</p> <p>Today, we are going to learn about the importance of living lives that reflect our dignity given to us by God. When we live out our human dignity, we realize that we need boundaries so that we respect others and others respect us. We are also responsible for our actions, such as dressing modestly, having good behavior, and treating others with respect with our speech and actions.</p>
What is Modesty?	<p>This video is 2:10 in length.</p> <p>Highlights: Middle or High School students narrate this engaging video.</p> <p>Modesty is acting and dressing in a way that is respectful to God.</p> <p>An example from the Old Testament is from Proverbs 31:30:</p> <p>Charm is deceptive and beauty fleeting; the woman who fears the LORD is to be praised.</p> <p>An example from the New Testament is 1 Corinthians 6:19-20:</p> <p>Do you not know that your body is a temple of the holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore, glorify God in your body.</p>

	<p>An example of immodest dress is wearing tight fitting or short clothing that shows more skin than necessary to seek attention. An example of immodest behavior is bragging, being rude, using inappropriate language, exploiting another person's body, and seeking attention negatively.</p> <p>The video ends with a skit about modesty in school.</p> <p>REFLECTION/DISCUSSION: Allow some time for students to share their thoughts and/or ask questions. If they are quiet, encourage discussion by prompting them. For example: Do you see immodest behavior in your school? What are some examples?</p>
<p>What is Grace?</p>	<p>This video is 1:39 in length.</p> <p>Highlights: Grace is a gift from God that is freely given and undeserved. There are two types of grace: sanctifying and actual.</p> <p>Sanctifying grace is the type that is received from the sacraments. Sanctifying grace is literally God's own life within us. This strengthens us against temptation and is pleasing to God. Without sanctifying grace in our souls, we cannot enter Heaven.</p> <p>Actual grace is sent to us in specific circumstances to fight temptation. Actual grace is a supernatural shove in the right direction.</p> <p>Grace is spiritual equipment sent from God to help us through our daily battles.</p>

	<p>REFLECTION/DISCUSSION: How have you experienced God's grace in your lives?</p>
<p>Reflection Part 2</p>	<p>This video is .46 in length.</p> <p>Highlights: Each of us needs God's grace, His blessings, and strength to live good and moral lives. The Holy Spirit gives us strength and grace through our Baptism to live these holy lives. The Holy Spirit can help us to live modestly, chaste, and lives full of self-control. Depending on your vocation, this may look different.</p> <p>In the next video, discover the fruits of the Holy Spirit and how they will help you. Then, learn more about what vocation God is calling you to.</p>
<p>The Fruits of the Spirit Song</p>	<p>This video is 3:10 in length.</p>
<p>What Vocation is God Calling You To?</p>	<p>This video is 5:12 in length. It has men and women from all vocations explain what their vocation is and how it fits into God's plan.</p> <p>Highlights:</p> <p>Sister Mary: God's plan is for all of us is to be with Him in Heaven. It doesn't matter if we are married, or entered the priesthood or religious life, there is nothing better than following God's will. The sister lives a happy, fulfilling life because it is what God called her to do.</p> <p>Father Jeb: He wants young people to believe in themselves and to believe that God has called them because He loves them. You don't have to first prove yourself to God. Get to know yourself and to believe in yourself and recognize that God will use you in ways you didn't think were possible.</p>

	<p>Married Couple: We are the domestic church. Through the vocation of marriage, we love Christ through our marriage and our children. God wants you to love your vocation. He calls each of us to do what He has in His mind. Every single vocation is called to be a gift of self. We aren't truly happy until we give of ourselves fully in love.</p> <p>Bishop Burbige: Reminds us that God has created all of us in His image and likeness and has a divine plan for each of us. We need to pray for the grace we need to live in a manner worthy of the call we received. We will only be able to discern our vocational call through prayer and spending time in silence. Ask: Lord, what is it you're asking me to do in my life?</p> <p>Question/Discussion: What connections can you make between the Fruits of the Holy Spirits and vocations?</p>
<p>What is a Vocation?</p>	<p>This video is 5:41 Highlights: What is vocation?</p> <ol style="list-style-type: none"> 1) A particular occupation, business, or profession; calling 2) A divine call to God's service or to the Christian life <p>Everything is a type of vocation: working, getting married, having a family, staying single. Everything is a way to serve God.</p> <p>How do you know what to do with your gifts, talents, and passion?</p> <p>Vocation happens when you take what you love to the world's needs, and when you listen to what the world needs of you.</p>

	<p>Your life has purpose; but your life doesn't just belong to you. It also belongs to your family, friends, neighbors, coworkers, ... everyone you know. You belong to them, and they belong to you.</p> <p>Jesus said come follow me. That is your vocation.</p> <p>Encourage students to share their thoughts about the information presented in the video. Using the bolded sentence above, ask students what this means to them?</p>
<p>Fruits of the Holy Spirit Reflection Activity</p>	<p>Students are asked to reflect on the fruits of the spirit that help them make appropriate choices.</p> <p>You may want to have a handout available for students to reference the list of the Fruits of the Holy Spirit.</p> <p>Fruits of the Holy Spirit</p>
<p>Vocations Jeopardy Game Board</p>	<p>This activity would need to be set up ahead of time to facilitate it during class time.</p> <p>You may find you will not have enough time to play this game.</p>
<p>Prayer Journal Page</p>	<p>If you do not play the Jeopardy game, you may like to encourage students to write in their prayer journals about their thoughts on vocations. Chances are they haven't thought about being single or married and having children as a vocation. Encourage them to write down thoughts, questions, and anything else that comes to their minds.</p>
<p>Closing Prayer</p>	<p>Model a prayer of thanksgiving for the fruits of the Holy Spirit. Think about one or two gifts of the Holy Spirit that you want to focus on this week and ask the Holy Spirit to help you. Encourage students to do the same.</p>